Success in orthodontics as in life is often a result of two powers, attraction and desire! You are attracting everything and everyone that comes onto your life. They are attracted to you by the images in your mind or what you are thinking about.

If you think of yourself as a magnet (like attracts like), then hold onto the thoughts you want. It has been my observation that these principles are summed up in three words: thought becomes reality!

Individuals often think about what they do not want and then wonder about why it shows up over and over. It has nothing to do about whether it is good or bad, or whether you want it or do not want it. The laws of attraction respond to what you are thinking about, and as often as you are thinking, “Desires dictate our priorities, priorities shape our choices, and choices determine our actions. The desires we act on determine our changing, our achieving, and our becoming,” (Oaks, 2013).

Too often, we as orthodontists would rather ignore a concern than deal with it. It has been my observation that these principles are summed up in three words: thought becomes reality!

Focus on what you want in your practice and make it happen; what you think about you bring about. Life is a physical manifestation of what goes on in our heads. Our thoughts and feelings become our awareness. A beacon of elegance and grace with a commitment to excellence is the thread of success.

Create what you wish for personally and professionally — the precision that you desire. Success begins from within each of us. Above all, do not settle for anything unwanted! Life is a series of decisions and choices, to some individuals that concept is too simple to comprehend but in reality it couldn’t be closer to the truth. We must choose to live our lives and create our own life’s path.

Our tomorrows will not be determined by chance, but rather by the choices we make today. With smart decisions our desires will determine our destiny.

References


Corrections

Ortho Tribune strives to maintain the utmost accuracy in its news and clinical reports. If you find a factual error or content that requires clarification, please contact Managing Editor Sierra Rendon at s.rendon@dental-tribune.com.

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Image courtesy of Dr. Earl Broker.